

# LEAGUE AT A GLANCE

## JUNIOR LEAGUE OF SPOKANE

FALL 2023

### PRESIDENT'S MESSAGE

We are almost halfway through our 2023-2024 League year and I am proud of the robust and diverse events the women of the League have organized and executed. These events have both been social but also supported our mission in advancing women's leadership for meaningful community impact through volunteer action, collaboration, and training.

In the last five months, we have engaged in several member events, impact projects, trainings, and fundraisers:

- Welcoming four new members and three new sustainer transfers
- Held the 2nd annual golf outing that raised over \$3000
- Held the 13th annual Touch-a-Truck that raised over \$8000
- Trained members with four trainings based on the "7 Habits of Highly Effective People"
- Continued our membership in Priority Spokane
- Impacted the community with projects with the Carl Maxey Center, Breast Intentions, Stop the Silence, 2nd Harvest, and Embrace Washington
- Created a land acknowledgment through collaboration with the Junior League of Yakima
- Further explored our new focus area to improve access to basic needs in order to alleviate sources of stress and increase resiliency for women, children, and families who have experienced adverse childhood experiences and/or trauma
- Began a process of service learning and partnership development with community partners relevant to the focus area
- Created several new partnerships or leads through the golf outing and Touch-a-Truck
- Began rolling admissions for new members to join at any point during the League year with a self-paced training program
- Sent two board members to the Small Leagues Big Impact (SLBI) conference in August and two more to the Organization Development Institute (ODI) in November

The women of the Junior League of Spokane continue to engage in the League to develop their own potential. We are committed to partnering with like minded organizations in our community to demonstrate the personal development and training our members have to share.

It is my personal hope that during this year, our members re-engage or further engage and are met with a League that fulfills their expectations and desires. We will continue to grow and learn from each other because we truly are a League of remarkable women with a plethora of strengths and experiences.

With gratitude,  
Sorcha Coomes  
JLS President, 2023-2024



## MEMBER SPOTLIGHT

### JEN WHALEN

Jen Whalen has been in the Junior League of Spokane for one year. She is currently on the membership committee. Her favorite JLS memory is facilitating the 7 Habits of Highly Effective People workshops. She has loved the engagement and vulnerability of participants, and how much they have learned together. Jen enjoys swimming, camping, boating and river floats. She has traveled to 48 countries and 48 states! She regularly travels to Florida to visit her 3-year-old niece, Merida. Jen works remotely from a home improvement company as Manager of Learning and Development, and loves her job!



---

## MEMBER SPOTLIGHT

### HANNAH STEARNS

Hannah Stearns joined the Junior League of Spokane in the fall of 2019. She is currently the Funding Director, and has also served on Funding Resource Management (FRM) and as FRM Chair, and as Parliamentarian. Hannah's favorite thing about JLS is meeting such wonderful friends -- women she is able to connect with within 30 seconds of meeting them. Getting wine together, volunteering together, sharing life together. She is an attorney in Spokane, who is married and has an almost 2-year-old son named Teddy. She loves reading, wine tasting, and hosting parties!



---

## SUSTAINER SPOTLIGHT

### ENJOLI REED

Enjoli Reed recently transferred to the Junior League of Spokane as a sustaining member. She served for several years in the Junior League of Moore County, in North Carolina. During her tenure, she served as President, Corresponding Secretary, Community Chair, Fundraising Chair, Provisional Chair, and Membership Chair. Enjoli joined the Junior League to grow as a leader, be educated about her community, and give back both time and resources. Since transferring, she is loving the people, the scenery, and all the adventures in store in the pacific northwest. Welcome to the JLS, Enjoli!



# 2023-2024 LEAGUE YEAR SO FAR

We started the 2023-2024 league year strong with impact projects, fundraisers, gatherings, and conferences!

---



**Breast Intentions**



**Tom's Turkey Drive**



**Golf Outing**



**SLBI Conference**



**Community Celebration**



**BINGO Night**



**Touch-a-Truck**



**ODI Conference**

## SMOKED SALMON WITH APPLES

1/4 cup unsalted butter,  
 softened  
 12 slices thin, firm-textured  
 white bread, crusts removed  
 4 tablespoons fresh dill,  
 chopped and divided  
 2 to 3 Red Delicious apples,  
 divided  
 2 1/2 tablespoons lemon juice,  
 divided  
 2 tablespoons mayonnaise  
 4 teaspoons prepared  
 horseradish, drained  
 2 tablespoons red onion, minced  
 1 tablespoon parsley, minced  
 1/4 teaspoon salt  
 1/8 teaspoon freshly ground  
 black pepper  
 16 ounces smoked salmon,  
 skinned and cut into 1/2-inch  
 pieces  
 dill sprigs for garnish, optional

Butter one side of each piece of bread and sprinkle the slices with 3 tablespoons dill. Cut each slice into 4 triangles. Broil, buttered side up, until lightly browned. Turn off broiler, flip triangles and let rest in oven until dry and crisp, about 10 minutes. Transfer to a rack and cool.

Core and mince half of one apple. Toss with 1/2 tablespoon lemon juice. Combine minced apple with remaining 1 tablespoon dill, mayonnaise, horseradish, onion, parsley, salt and pepper.

Remove core from remaining apples and slice into 48 1/4-inch pieces. Toss with remaining 2 tablespoons lemon juice. Pat apple slices dry and place one on each toast triangle. Top with 1 teaspoon of the minced apple mixture followed by a piece of salmon. Garnish each with a small sprig of dill, if desired.

**Makes 48**

*This delicious recipe is from our 1995 cookbook, Gold'n Delicious.  
 For more great recipes, please email [FRM@jlsokane.org](mailto:FRM@jlsokane.org) for a copy of your own!*

### Support the Junior League of Spokane!

Since 1924, the women in the Junior League of Spokane have worked for the betterment of the Spokane community. We see the issues. We create solutions. We change the community we live in for the better, all while developing leadership skills and training women who join the mission of the Junior League of Spokane.

The work we do is worthy of your support. Your investment not only empowers the Junior League of Spokane to develop civic leaders, but expands the capacity of our non-profit partners. Your donation allows us to continue to enhance the community in which we all live. Thank you in advance for your support.

Visit [www.JLSpokane.org](http://www.JLSpokane.org) to support the Junior League of Spokane today.

Let's Celebrate Together!

## JLS HOLIDAY PARTY

Wednesday, December 6th  
at 6PM

Ann Smith's Home  
1416 N Rim View St.  
Spokane, WA 99224

**PLEASE BRING A GIFT UNDER \$25**

Last Names A-L, bring a savory treat to share  
Last Names M - Z, bring a sweet treat to share

**DRESS FESTIVELY!**

Be sure to RSVP on the Portal

Contact Jen Whalen at 440-862-4952 with questions